

MUSCLE EZZE:

Magnesium (oxide/glycinate) 250mg

Calcium Citrate 200mg

Proprietary MEV40 Blend:

JuJube Extract (4:1), Phenibut (beta-phenyl-gamma-aminobutyric-acid), Magnolia Bark Extract (2% Honokiol and Magnolol), L-Theanine, Valerian Root Extract (1% Valernic Acids), Valerian Root Powder, Chamomile Flower Powder

1850mg

Other Ingredients: Vegetable (Capsule)
Microcrystalline Cellulose